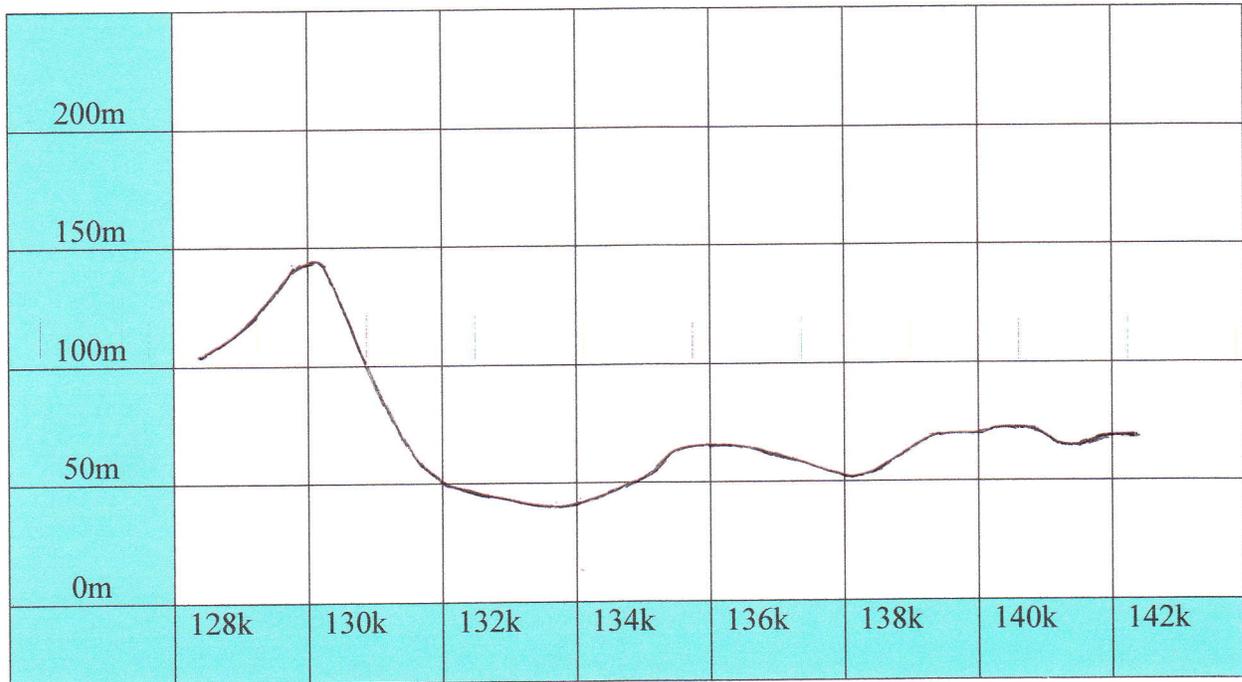


Stage 10 – Pullout on Right to Canadian Tire – 14.2km



This stage starts quite steeply uphill for the first 2.6km, crossing Marble Creek at 1km. There is then a substantial downhill to the Zymacord River at 4.8km, followed by a long, flat stretch to 8km. The course is then gently undulating, crossing the Kalum River at 11.5km, and then the flat approach to Terrace. Runners turn left into the Canadian Tire parking lot to finish.